



©Amandine Elie

With a distance of 16.9 km and just over 1,000m above sea level, this course is for savvy trail runners keen on long outings over hilly terrain. Please note that the route is not signposted on the ground.

As always, departure is from the heart of Montchavin, and the first part of the trail – to the hamlet of Crévaillet – is the same as Red Route no. 3. From Crévaillet you climb the forest path to Plan Bois. Then, after a short stint on the forest road, you join the magnificent "single" into the heart of the Bois de Folle.

On the second part of the climb, the hairpins come thick and fast as you make your way between the larch, spruce and other stone pines. Emerging from the forest, you've reached the highest point of the course (about 2,250m above sea level), from where can enjoy a splendid 360° view of the surrounding peaks. The descent begins by taking you gradually down to Pierres Blanches lake and then runs over varied terrain to the Lac Noir peat bog.

From here, a narrow path leads you through the forest to les Coches, where you take the cart track back to Montchavin.



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RANDO SAVOIE MONT BLANC

Gratuit

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TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

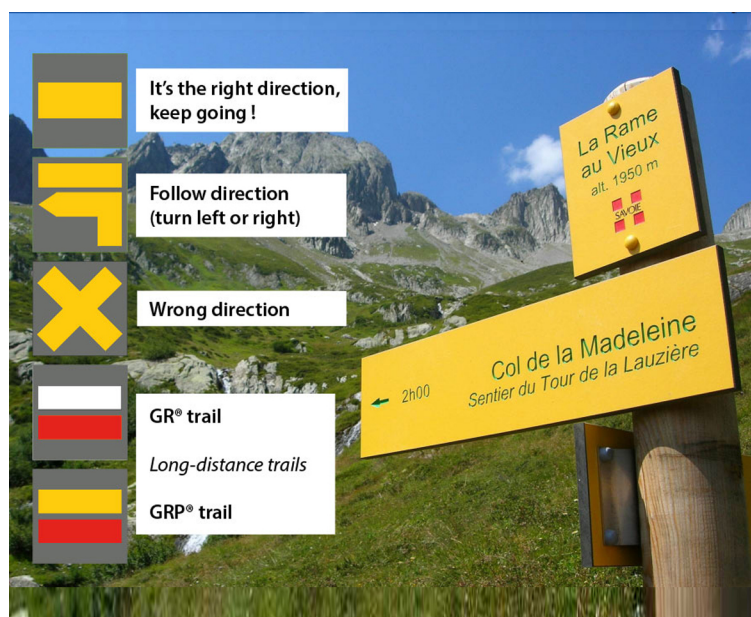
MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS

WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

info.montchavin@la-plagne.com

04 79 07 82 82 / 04 79 07 82 43



It's the right direction, keep going!

Follow direction (turn left or right)

Wrong direction

GR® trail

Long-distance trails

GRP® trail

SAVOIE MONT BLANC
SAVOIE & HAUTE-SAVOIE

WALKS AND HIKES



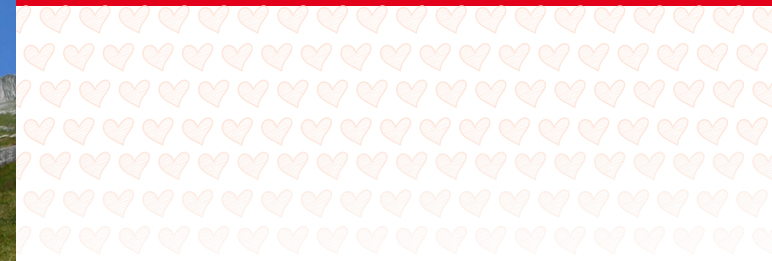
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TRAIL ROUTE - LES BALCONS DU DOS ROND

Difficulty: Black - Departure from the centre of Montchavin. 16.9 km long and just over 1,000 m above sea level, this course is for savvy trail runners

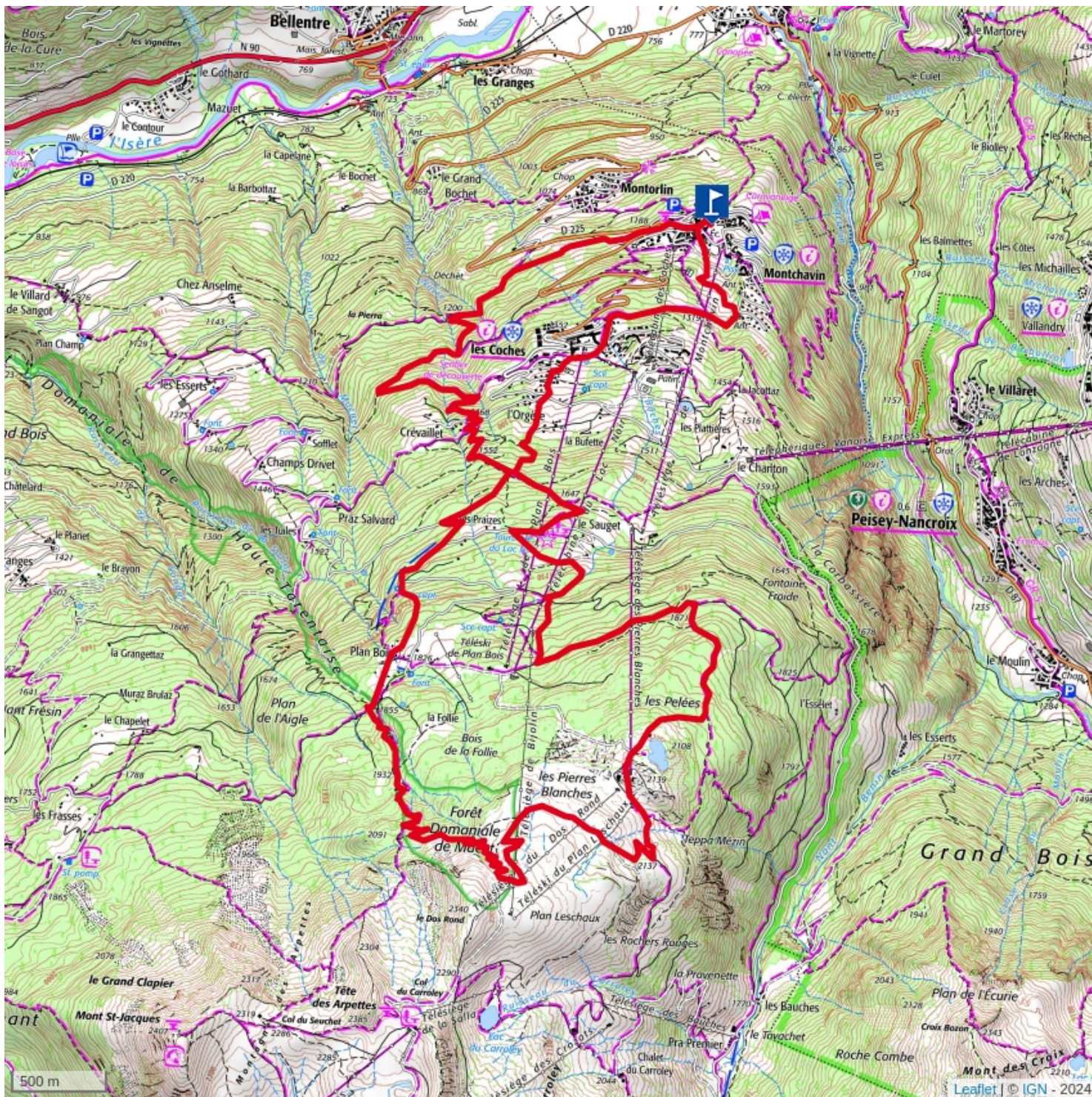
VERY DIFFICULT

OUR PICKS



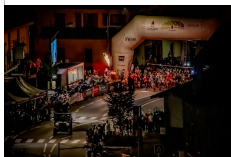
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Tarentaise



YOUR ROUTE

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