



©OTGP

Along the way, you will discover the chalets in the mountain villages of Valezan and La Côte d'Aime as well as the old irrigation canals that were essential to the survival of the crops for the mountain communities.



Téléchargez l'appli officielle

**RANDO SAVOIE
MONT BLANC**

Gratuit

Plus de 800 itinéraires
randos et balades!



Apple store



Google Play

TAKE NOTHING BUT MEMORIES ...

- Keep to the paths
- Protect the countryside
- Take your litter home
- Share the countryside, be courteous and considerate towards others
- Close gates
- Go round flocks and stay calm if you meet guard dogs
- Wear appropriate footwear and clothing
- Don't forget to take water and food

... LEAVE NOTHING BUT FOOTSTEPS

MOUNTAIN RESCUE: 112 ou 18 ou 114 par SMS

WEATHER: 3250 (€2.99/call + call charge) - www.meteofrance.com

INFORMATION

si.lacotedaime@free.fr

**SAVOIE
MONT
BLANC**
SAVOIE & HAUTE-SAVOIE

WALKS AND
HIKES



©SavoieMontBlanc-Arnould



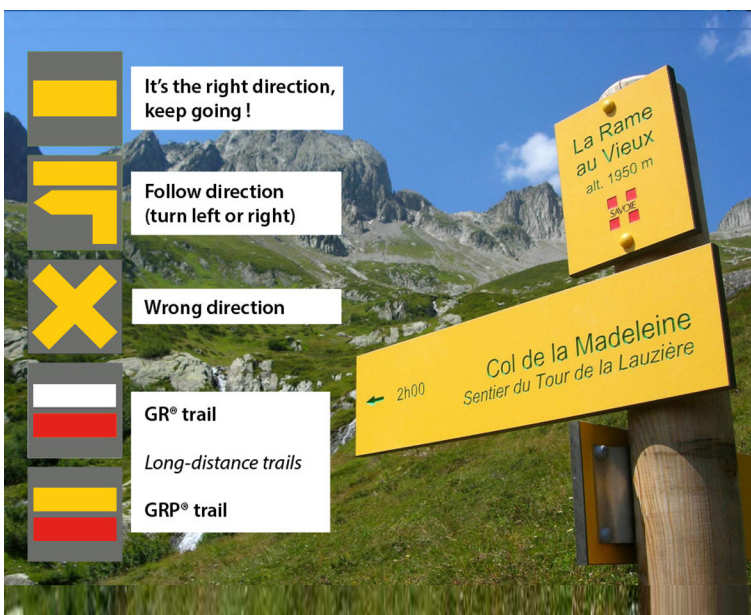
©Marie-Louise Plassard

LES FOURS CANAL AND MOUNTAIN PASTURE TRAIL

Discover the Alpine chalets and the irrigation canals on the
Versant du Soleil!



EASY



It's the right direction,
keep going!



Follow direction
(turn left or right)



Wrong direction



GR® trail

Long-distance trails

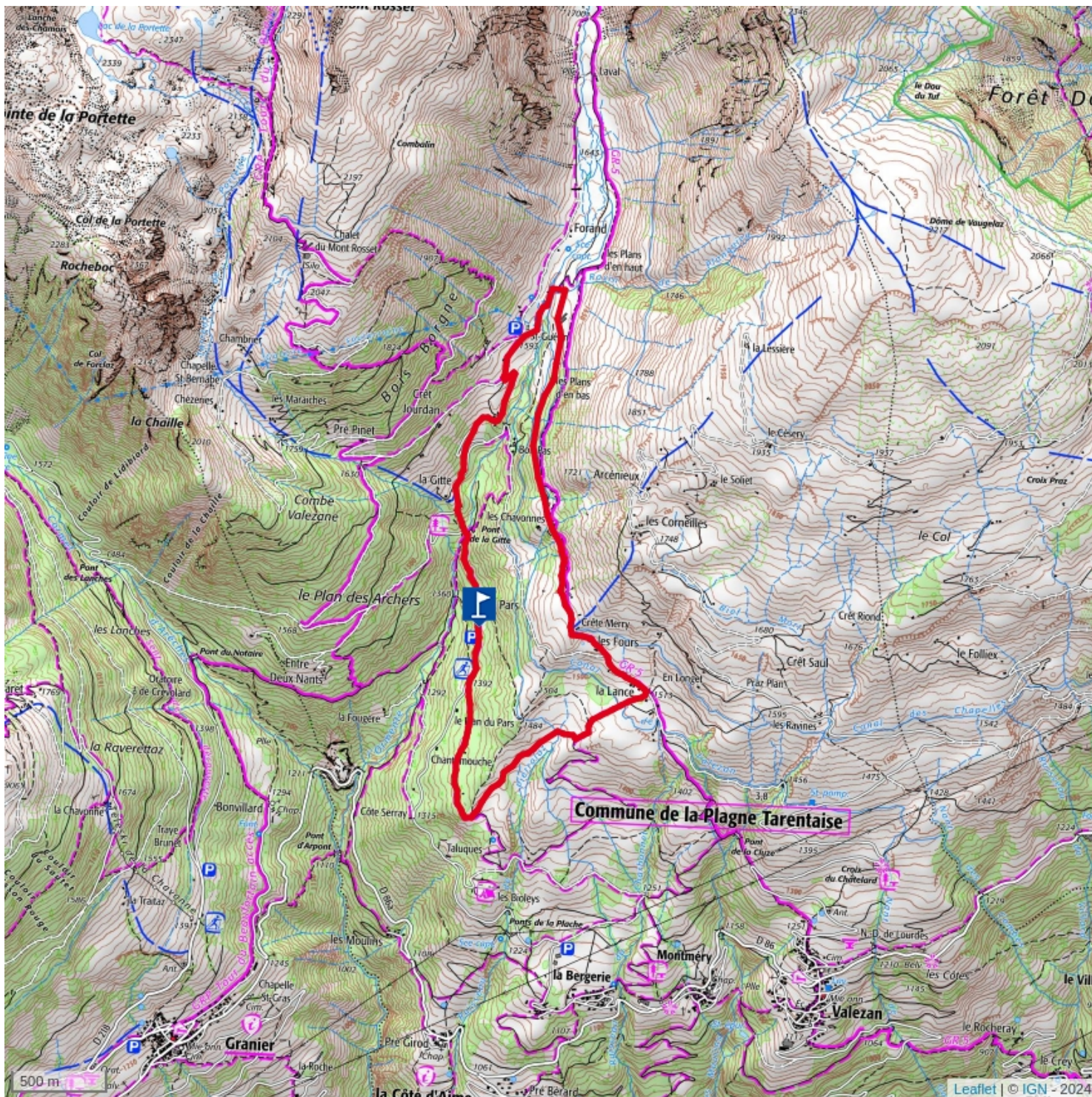


GRP® trail

OUR PICKS



LA PLAGNE TARENTEAISE
Tarentaise



YOUR ROUTE

0/ Set off from Les Pars car park.

- 1** Go down to the Chalet du Bresson and take the path to the left that goes into the forest
- 2** When you come out of the forest, go left and climb to the chalets at La Lance and Les Fours.
- 3** Continue on the GR5 trail until you reach the car park at St Guérin chapel.
- 4** Return to the car park via La Gitte.

USEFUL ADDRESSES



©Delphine Counil

The "Olden Day School" museum

In the old school in La Côte d'Aime, come and discover what life was like for the pupils of yesteryear

Summer : Opening hours on Tuesday and Thursday between 3 pm and 6 pm. By appointment only. On demand.

Free to participate.

Ancienne Ecole RD86 - Pierrolaz 73210 La Plagne Tarentaise •

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Musée La Fruitière (dairy museum)

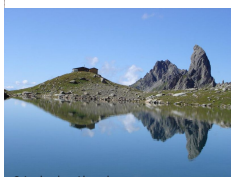
In the old village dairy, traditional objects and tools that were used daily to make the cheese. Covered picnic area.

Été : tous les mardis, jeudis de 15h à 18h et les vendredis de 17h à 19h. Sur rendez-vous hors été et pour les groupes.

Free to participate.

Group rate available for > 8 people.

19 route des Dôdes 73210 La Plagne Tarentaise • www.lacotedaime.com



©Ambroise Abondance

La Côte d'Aime Valezan tourist office

The tourist office on Place de la Mairie in La Côte d'Aime is open year round for tourist information and to promote local events

From 01/05 to 31/10/2024, every Tuesday, Thursday and Friday.

22 route des Dôdes 73210 La Plagne Tarentaise • +33 (0)7 66 09 78 94 www.lacotedaime.com



©Audrey Husianycia

La Pomme trail

Discover the orchards in La Côte D'Aime
From 01/01 to 31/12. Subject to weather conditions.

Free access.

route des Dôdes Pierrolaz 73210 La Plagne Tarentaise • www.lacotedaime.com/Syn dicat-Initiative/brochures/sentiers/



Sentier des Vignes

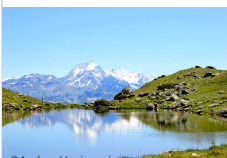
La randonnée

proposée permet de découvrir les vignes de la Côte d'Aime. C'est une très belle promenade ensoleillée et facile sur chemin large. Elle convient à une famille, même avec de jeunes enfants.

From 01/01 to 31/12.

Free access.

Mairie de La Côte d'Aime Pierrolaz Chef-Lieu 73210 La Plagne Tarentaise • +33 (0)4 79 55 67 00



©Audrey Husianycia

Lac de Portette trail

A beautiful hike to a high-altitude lake with a view of the Vanoise massif

From 01/06 to 15/10. Subject to weather conditions.

Free access.

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Trail to Presset lake and refuge

A beautiful hike to a high-altitude lake with a view over the Vanoise massif and the legendary Pierra Menta!

From 01/06 to 15/10. Subject to weather conditions.

Free access.

Chapelle St Guérin Foran 73210 La Plagne Tarentaise •



©La Plagne Vallée

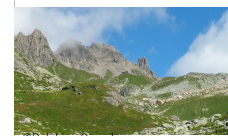
Sentier Refuge de la Balme

Promenade agréable, accessible aux familles, aux poussettes tout-terrain en altitude au cœur du vallon de Foran jusqu'au pied de la mythique Pierra Menta où se trouve le refuge de la Balme.

From 01/06 to 31/10. Subject to favorable snow and weather conditions.

Free access.

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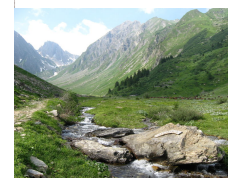
Hiking trail Tour du Mont Rosset

A walk around Mont Rosset: from the forest to the foot of the legendary Pierra Menta!

From 01/06 to 15/10. Subject to weather conditions.

Free access.

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©Marie Louise Plassard

Walk in Foran valley

A high-altitude walk in the heart of the Foran valley on the banks of the Ormente and through the meadows

From 01/06 to 15/10. Depending on weather conditions.

Free access.

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